



North Dakota Hunter Educator's Association

PO Box 1612
Jamestown, ND 58402-1612
www.ndhea.org

Issue 3 of 4
August 3, 2007

VISION STATEMENT:

A proactive, informed group of ND volunteers who dedicate themselves to promoting quality education, who are recognized as leaders in enriching our hunting heritage with respect to safety, integrity and conservation.



Jim Shulind and a Grand Forks Class student.



A large but attentive class in Grand Forks.

Thanks goes to Al Klatt, Dist. 8 Rep. for submitting the photos.



Joe Solseng– Dist. 8 Instructor handing a shotgun to a student.

Caps for Sale:

The Association has a good supply of **orange mesh responsible hunter caps** for your students. As you prepare for fall classes, try to find a local sponsor to purchase caps for your class. Veteran's organizations, Doctors, and sportsman/shooting groups have been the most common sponsors. They want our hunters to demonstrate safety afield. You can also sell the caps in class.

Don't forget to remind your classes of the opportunity to make a donation to the hunter education program. It is as simple as placing a cap upside down at the table where students hand in their test papers for grading. Often you will find the older students are more than willing to throw a few dollars in the hat for use by the organization.

I am running a special on the caps, \$5.00 each or 3 for \$15.00 and free shipping to you. Just multiply the number of caps needed by \$5.00 and send it to me or Treasurer Trudeau at PO Box 1612-Jamestown, ND 58402. Our addresses, phone numbers and email can be found at www.ndhea.org.

Thank you for making NDHEA the best gun handling training organization in the State.

Rod O'Clair-Cap Chairperson

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Lori Schweigert

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Terry Fasteen
District Reps for their Dist.

Past President's Message

Hello NDHEA members!!!

I trust all is well with you, especially if your air conditioner is operating properly!! I was impressed with the direction from the Board members at our last quarterly meeting. This Association is going places, and I hope we pick up more members in the process who will also assist with our move forward. I have said many times before I am in awe from the many "walks of life" our membership comes from. Our Association is stronger because of their dedication. It's hard to find time for the volunteer work when family and work take the fore-front. These volunteers find time to commit themselves for various volunteer jobs promoting our organization. I am proud to be part of this organization and I challenge each and every one of you that have not become members to participate, and enjoy the camaraderie of our organization.

Our organization has underwent great changes and met many challenges in the last year. Members have testified for an antelope tag to be raffled off and were successful in obtaining this tag. Our organization now has a raffle currently in progress that is doing well. We need members to sell as many tickets as possible to ensure next years raffle to be a success as well. I encourage members to contact their Board representatives with questions they may have, as well with any ideas they may have for next years raffle. This years raffle will be the focal point that all the other raffles will be judged against. I encourage each member to become involved with this endeavor. Remember the proceeds will help with the mentored hunts our organization will be involved with. It gives us a chance to give back to the sport that means so much to each and every one of us and it will give first time hunters the same opportunities to enjoy the sport safely and ethically. This is surely a "win-win" situation to every one involved.

Don Meyer
NDHEA Past President

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President's Notes

Let's start it out as usual-membership, membership-membership!! The NDHEA members need to contact other non-members to join the Association because the NDHEA is only as strong as it's membership.

I would like to thank all of the NDHEA members that have assisted in the selling of the raffle tickets and ask that you all get your stubs and money in to me as soon as you have your tickets sold. Ticket sales are going very well. Once again, Thank You!!! If anyone has some ideas on items to be on the 2008 Antelope tag raffle, please contact the raffle committee which includes myself, Terry Fasteen, Dale Patrick, Don Meyer, Rod O'Clair or Ernie Trudeau.

I would like to thank the Titus family for a job well done on being the NDHEA Membership Committee for years. They are resigning as the Membership Committee at the end of this year. If anyone is interested in this position, please contact the Titus's or anyone Board member. Now is the time for you to help in becoming active in the NDHEA, so please consider giving of your time to the NDHEA.

Once again working at the ND State Fair was fun. Thanks to Mr. Jim Carter and the ND Game & Fish Dept. for having Pathways to Hunting & Archery.

On a personal note, Neva and myself would like to thank all those who sent cards and their sympathies in the loss of my Father. It is nice to know that we have friends in the NDHEA that are praying for us at this time. Thanks again.

Until Next Time
Mark Walsh
NDHEA President

Just a thought:
Terry Fasteen-Vice President

We have begun the raffle and I have to say thank you to everyone who has jumped in to help make this project take off. We have probably recovered all of our expenses at this time and the rest of the funds will go towards establishing the funding for mentored hunts for first time hunters.

We are gathering information and building policies to handle the record keeping, organization and using the funds being generated. It has not been decided if we will handle a couple of hunts or not, but we will be ready for the 2008 hunting season. We ask that all members consider donating their time to aid in a hunt in their region to make this work.

We are putting up a booth at the Waterfowl Fest being held at Scheels August 24-25-26th to promote our efforts and sell raffle tickets. It is an event in its fourth year specifically dealing with waterfowl hunting that drew 4,000 people last year. They have many manufacturers present, duck and goose calling competition and multiple dog contests as well as demonstrations and seminars.

Condolences to Mark Walsh and his family for the loss of his father recently. Many of you have gone through this and understand what effect this has on your life so please be patient if you are waiting for something from him.

Eagerly awaiting the deer lottery results. I got the call to check it out from my brother who got drawn for a buck tag in the Hettinger area. I opened up the web site to see I will now have 6 preference points in 4-C for next year. My nephew got drawn for mule deer buck for the second time in three years. Other friends called to tell about the second mulie tag in consecutive years, one who got drawn in the second draw for elk looking for help. Kind of makes me wonder when I have only been drawn for one mulie buck tag in 12 years.

Hope you all had better luck than I, and have a successful hunting season. Please send in photos of your hunt or scenery to place on the website for the rest of us to be jealous of.

* * * * *

For Your Information: Missouri Valley Shooting Sports Association is hosting 2 events again this year.

8/11: Family Shooting Camp at McLean Rifle Range from 9-4 pm

9/23: The First Time Pheasant Shoot at Ring Necks Unlimited in Flasher from
7:30 am—4 pm

Any instructor willing to help or bring a student, please call Lynda Miller at 701-391-6303. We'd love your help.

Lynda Miller

DISTRICT REPRESENTATIVE'S NEWS

District 1-Ron Swenson

We have completed a couple of regular classes and an internet class. The raffle tickets are out and I hope that all members are out selling them. If any instructor in District #1 needs any supplies give me a call at 701-572-6221

Until next time-Ron !!

* * * * *

District 8-Al Klatt

Grand Forks is in the middle of another large class. We teach in a hockey arena (no ice) and the temperature is in the mid 90's. Whew! We have 77 students from all over eastern ND. The good news is that we have two young fellows (Chad Symington and Nathan Gunter) assisting. They want to become instructors. New blood is always welcomed.

Al Klatt District 8 Director

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District 10-Lynda Miller

Mandan's class will be starting July 31 at the LEC center. THE CLASS IS FULL!! Bismarck's class is full as well. The combined field day will coincide with the MVSSA FAMILY CAMP DAY. Don't let that scare anybody off. There is room for students from previous classes. A postcard to invite students will go out shortly to perhaps other counties. If a student asks you (Instructor) about it, encourage them to attend. It is a way to experience a live fire day, controlled environment, without other Instructors to have to put on a day themselves... Let's face it, it's a lot of work. As we get older, , with less time it's a perfect way to mentor your own students. THE CAMP DAY is 8/11/07 at McLean Rifle Range, 9 am—4 pm. There will be a lot of talent on the range, so I invite other Instructors to share the day mentoring...I have also included an NRA update on range IMAGERY...Pretty interesting—Take a look on the back page of this newsletter!!

Lynda Miller District 10 Director

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Greetings to everyone from the SE corner of the state! It's trying to get to 100 degrees today. For me it's too hot and humid. I keep plenty of iced tea handy. Somebody said just wait 2-3 months and it could be below zero. That's fine with me because you can always put more clothes on; when it's hot there is only so much you can take off.

By now everyone should have received some tickets to sell for the NDHEA raffle. Please try to sell as many as you can and return the stubs and money back to Mark Walsh along with any unsold tickets no later than Nov. 7, 2007. We plan to fund mentored hunts, family shooting days and fund a hunting safety advertising campaign. Some of the funds will fund the future annual Antelope Tag raffle with other items for 2008.

Events coming up for our members will be the Zap Shoot on Aug.4. I know you will receive this newsletter after this event but ask that you all consider attending next year. We hope Lori had a great turnout. Scheels and Fargo Parks District are promoting the 4th Annual Midwest Waterfowl Fest. This event will take place Aug.24 and 25. See attached fact sheet for this event.

I also have a lot of cable gun locks to give away. Just let me know how many you want and I will get them to you.

Larry Kaul -Dist. 11 Rep.



4th Annual Midwest Waterfowl Fest

- FACT SHEET -



MISSION STATEMENT – Our mission is to improve conservation education and increased awareness by sportsmen of waterfowl calling techniques and practices.

GOALS OF EVENT – Our goal is to produce educational activities aimed at improving attitudes, ethics and skills of the waterfowlers of the Midwest through workshops, seminars and calling competitions. It is hoped, through increased awareness and the popularity of waterfowl calling, the sporting public will generate a greater respect for and the enjoyment of the Midwest's natural resources.

GENERAL OVERVIEW

- 2006 brought more than 4,000 individuals to the two-day event hosted in the new Fargo Scheels parking lot
- **ADULT EVENTS**
 - There were more than 60 callers who participated in 2006
 - Open Duck & Goose Calling Divisions – *participants from 5 states*
 - New Hunter's Division Calling Contests initiated in 2006
 - National Qualifying North Dakota State Duck Calling Championship
 - Wild Game Cook-Off *hosted by Lyn Nichols, chef on local ABC affiliate*
- **YOUTH EVENTS**
 - Gave away more than 100 Primos Game Calls to those who attended the Youth Duck Calling Seminar in 2006
 - Over 40 callers participated in the Youth Duck & Goose Calling Competitions
- **DOG EVENTS**
 - **K-9 "Super Air" Challenge** – Participation in 2006 included more than 55 dogs
 - **K-9 Vertical Leap** – 17 dogs competed in 2006
 - **K-9 "Super Launch"** – First year event in 2006 had 13 dogs participating

For more information contact:

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NDHEA Meeting Minutes
Game and Fish Building
1:05 PM
July 14 2007

President, Mark Walsh called the meeting to order.

The following additions were made to the agenda:

Disabled Veterans Goose Hunt

The draft letter for the North Dakota Wildlife Federation.

Motion to approve:
2nd.

Lori Schweigert, D-5
Ron Swenson, D-1

Secretary called Roll:

Secretaries Report:

April 21, 2007 meeting minutes were presented by Dale Patrick, Secretary

Motion to approve:
2nd.

Leland Bratlie, D-4
Larry Kaul, D-11

Treasurers Report:

Treasurer, Ernie Trudeau distributed the report and explained that not all District numbers were included and the report only reflected to the end of June. The income and expense category included with the report show that the income for the first half of the year are similar to last year and the expenses are higher than last year. Ernie will be moving some money into the account next week.

Motion to approve:
2nd:

Dale Patrick, Secretary
Don Meyer, Past President

Old Business:

- Terry Fasteen, will do more research on a commercial storage facility for storing records.
- Rod O'Clair was awarded the President Award and Leland Bratlie was awarded the Board Award.
- Terry Fasteen, picked up the walnut plaques from Dakota Awards and explained that by purchasing the awards for the next five (5) years, he was granted a savings of \$10.00 per award. The organization will still have the expense of the plaque and engraving. The set-up fee was \$15.00, the President Award was \$40.00 and the Board Award was \$41.95. Terry Paid the \$196.00 and requested reimbursement.

Motion to approve:
2nd.

Lori Schweigert, D-5
Leland Bratlie, D-4

- 2007 Raffle- one (1) book of tickets was given to each member of the association and two members returned their tickets. . Neva Walsh sold a book at the County Fair. Prior to the meeting, \$750.00 had been turned in with additional money expected after the meeting. Neva Walsh predicted that enough money would be available to pay the bill from Scheels and \$25.00 to Dale Patrick for the raffle permit.

Motion to approve payment of Scheels bill:
2nd.

Lori Schweigert, D-5
Larry Kaul, D-11

Motion to approve payment to Dale Patrick:
2nd.

Ernie Trudeau, Treasurer
Terry Fasteen, Vice President

Old Business (Con't)

- Hunt of a Life Time – Lori Schweigert explained that the Hunt of a Life Time included children, under the age of 21, with a life threatening disease that they may participate in a hunt. North Dakota does have a Chapter and they have sponsored several hunts for youth in North Dakota and outside of North Dakota.

Motion to donate \$500.00
2nd.

Lori Schweigert, D-5
Terry Fasteen, Vice President

Discussion about “Hunt of a Life Time” was resumed by Mr. Carter who is familiar with the organization and informed the group that the recipients are required to attend Hunter Ed Class, even though the youth is less than the minimum age requirement for the Hunter Ed Class. The group discussed the concern they had regarding the age requirement. Lori will get more information and the group agreed to discuss at next meeting.

Motion to table the motion:
2nd.

Dale Patrick, Secretary
Ron Swenson, D-1

Motion was passed:

- Disabled Veterans Goose Hunt – Lori Schweigert presented a 2 ½ minute video on the hunt held in Hazen and explaining the organization is trying to give disabled veterans the opportunity, at no cost, to hunt geese, but also adding that a few individuals and community organizations are trying to pay this large expense.

Motion to donate \$300.00
2nd.

Lori Schweigert, D-5
Leland Bratlie D-4

Discussion continued by the group regarding guidelines. Perhaps the organization should discuss having a donation amount put in the budget. After some discussion, it was recommended that the Executive Board should discuss the matter and come up with some guidelines.

Motion to Table the Motion:
2nd.

Dale Patrick, Secretary
Don Meyer, Past President

- North Dakota Wildlife Federation – Secretary, Dale Patrick was asked to draft a letter and have it available for the present meeting, the letter was drafted. Discussion by Clint Baxter and discussion that Rod O’Clair visited with Shawn McKenna regarding the NDWF and concerns over burdening Game & Fish with “tags” and baiting. Dale Patrick suggested that the Executive Boards of both organizations get together and discuss common ground.

New Business:

- 2008 Raffle – President Walsh suggested that planning and organizing the raffle, for next year, start by October, 2007 and to have the raffle run from late fall to summer of 2008. President Walsh asked that ideas regarding types of prizes and ideas be e-mailed to him. The prizes will need to be listed on the tickets. A discussion on types of prizes that would interest non-hunters would be a possibility to sell more tickets. Dale Patrick suggested the possibility of someone being on the Joel Heidkamp radio show. Terry Fasteen said he has set up time with the media and press. Dale Patrick explained to the members the raffle is held in Bismarck because Bismarck has less red tape than Fargo, and the drawing would be done by Mark at the Bismarck Scheels store.
- Raffle ticket sales at the State Fair – Jim Carter is very much in favor of NDHEA selling tickets at the fair. Rod O’Clair and Mark Walsh will be attending on the first day and will take the banner. They will need to check with Clayton Thompson who most likely is in possession of the banner. A log of tickets will need to be given to Neva Walsh.

New Business (cont):

- Promotion items for NDHEA – Jim Carter will supply items for the promotion. NDHEA will have a presence at the event which is sponsored by Scheels in Fargo. Terry Fasten will be present at this event and has contacted United Rental to set up a 10 X 10 tent for the event.

Motion to pay United Rental \$75.00 for tent: Ron Swenson, D-1
2nd: Lynda Miller, D-10

- Al Klatt has won a \$5,000.00 grant from Quest Foundation and has donated it to NDHEA. Ernie Trudeau and Al will be completing the grant and if they need any help, Dale Patrick and Rod O'Clair have agreed to help.

Committee Reports:

Audit/Finance - Nothing to report
Caps Chair - Rod O'Clair passed out a sales sheet and what has been ordered.
Grievance - Nothing to report
Historian - Nothing financial in the records. Terry will begin scanning some of the records for storage. Terry reported that the records are not very complete but do have financial reports, minutes, thank you letters and cards. Members should check with their Districts about any information they may contribute to the files, such as past officers, or awards given out. It was suggested that better records be kept.
Legislative - Nothing to report
Membership - Bill and Sharon Titus will be giving up the membership committee. President Walsh asked that the resignation be placed in writing and that the position be posted in the newsletter.
Newsletter/Website - Bacon Sign "thank you" have been placed on the Website. Clint Baxter has a point of contact for Bacon Signs.
Guest Report - Nothing to report

District online training class:

#1 Reported on Internet Class
#2 Finished a Class
#3 Nothing to report
#4 Nothing to report
#5 Reported on the shoot and hunt
#6 Nothing to report
#7 Nothing to report
#8 Nothing to report
#9 Nothing to report
#10 Starting a class the end of July. The pheasant hunt in Flasher will be September 23rd. There will be 150 students enrolled in the Mandan/Bismarck class for August 11th.
#11 Everything is going well
#12 Nothing to report

Motion to adjourn: Rod O'Clair, Cap Chairman
2nd: Don Meyer, Past President

/s/ Dale Patrick, Secretary

Lynda Miller would like to share this article with all of you.

QUESTION & ANSWER

Q *I've heard many shooters refer to "mental imagery." What exactly is mental imagery and how do I learn to use it?*

A Mental imagery is the method of vividly creating or recreating an athletic performance in your mind. Once learned, this skill can be used to help adjust mood and energy levels before and during competition and can be extremely useful in preparation for success on the firing line. Mental imagery is used by many professional athletes in different sports to help them keep the competitive edge during competition.

To begin using mental imagery you need to follow these easy steps:

- **Stay calm and relaxed**—Close your eyes and take a few deep breaths while allowing all distracting thoughts and images to escape your mind.
- **Integrate all your senses**—Now imagine yourself performing your shooting process from beginning to end in your environment. Be sure to pay attention to the details of the surrounding environment using all your senses. This will help make the imagery more vivid.
- **Control your images**—Imagine yourself performing as you want to perform. Think positive.
- **Feel what you imagine**—Add movement to your imagery by going through the motions of your shooting process while imagining them in your mind. This will also help make the image more vivid.
- **Practice**—Mental imagery will only become easier and more vivid through practice. Devote at least 10 to 15 minutes a day to mental imagery for optimal effectiveness.

Adding mental imagery to your training plan should help lead you to a more rehearsed and confident performance on the line. ©

Do you have a question about competitive shooting or equipment? Send your questions to: **National Rifle Association, Attn: SSUSA—Q&A, 11250 Waples Mill Road, Fairfax, VA 22030-9400**; or e-mail shootingsportsusa@nrahq.org. We look forward to hearing from you.