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Welcome fall...

As summer comes to a close, kids head back to school and crops are harvested, we are preparing for this fall's hunting season. Whether you have a big buck, rooster or elk (if you are one of the lucky chosen few) in your sites, it is also the time of year to prepare for your hunt.

If you have a first time hunter to train, are getting involved in the sport for the first time or would like to refresh your hunter safety skills, there are many great online and class resources available. The International Hunter Education Association have an online hunter safety course at www.ihea.com. This organization is also commemorating the 60th Anniversary of hunter education in North America by selling limited quantities of a collector Henry Golden Boy .22 caliber lever action rifle, and a Limited Edition Browning model 322571 knife.

Visit the North Dakota Game and Fish Department site at www.gf.nd.gov to register for hunter safety classes, order replacement cards and get your licenses. Remember, if you purchase your license online you can always login and print out a new one if yours gets lost or damaged. Of course this is the best place for up to date information on hunting, fishing, maps, regulations, and much more.

Preparing Your Dog for Hunting Season

The off time between hunting seasons is when man and his dog dogs get softer. Too much food lack of exercise cold weather and lack of hunting seasons lead to out of shape hunters and dogs. You should want yourself and dog to be physically ready come opening day, you should have been working on conditioning during the summer, but it is never too late to start.

Dogs generally will not chose to exercise themselves into shape as they spend the majority of their time in kennels waiting for us to come home from work. Their lack of exercise can cause them to become over weight, get soft pads and reduce their stamina. Walking, jogging biking working on their retrieving can be a rewarding way for both of you to work towards getting in shape.

Begin working with your dog on soft grassy areas or in water while toughening up their pads and building their muscle strength. Increase their time on coarser surfaces increasing stamina and durability.

Watch the temperature, dogs can suffer from heat exhaustion also so avoid strenuous activity during the hottest part of the

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day. However swimming is a good consideration but as with all exercise in moderation only. The difference in the water and air temperature can still impact you and your dog. Try beginning with 10 to 20 minute session several times for the first couple of weeks rather than then hour-long workouts.

Weight reduction for large dogs needs to be considered for their health also. Don't skip meals, but monitor their feedings especially during the hot weather. Consider adding some water to their food on occasion leading up to the season but keep them full to replace what they lose while hunting. But like us to much food and not enough exercise leads to a body shape not productive to enjoyable outings. A physically fit dog, should perform better and are less likely to suffer painful injuries to muscles, joints, and feet.



Tree Stand Safety

When using a tree stand, always use common sense and consider using the following safety rules and you can reduce the chance of an accident.

Wear a full body safety harness. If you slip, fall or you stand collapses; a safety harness will prevent you from falling to the ground. Don't leave much slack in the system as you do not wish to fall all the way to the ground. One or two feet of slack should allow you to turn 360 degrees to climb back into the stand or to get to your climbing steps.

Use a cord or hall rope to raise and lower all equipment from the stand and only when you are secured to the tree. This will keep your hands free for climbing. Keep equipment on the opposite side of the tree from which you are climbing, so if you do fall, you won't fall on your equipment. Inspect your stand check for missing or loose nuts and bolts and replace worn chains or straps.

Practice setting up your stand. Be familiar with the workings of the stand before you go to the woods. Before using manufactured stands, always read the instructions and warnings. Tell a dependable person where you're hunting and when you'll return. If you're injured and can't get out of the woods, someone will know where to look for you.

Pick a mature tree on which to secure your stand. Do not use a tree that is rotten or has dead limbs that may fall on the stand. Clear the tree of any limbs that could cause a fall, but get landowners permission before you start clearing. If you're not allowed to cut limbs, use cords to tie them back.

If the weather turns bad, return to the ground. High winds make stands unstable. Rain, snow or sleet can cause you to slip. Extra precautions are needed in these situations. Don't fall asleep. This is a common cause of accidents. If you get drowsy, leave the stand and walk around to wake yourself up.

Remember, the higher you are in your stand, the further you might fall. If you do fall, don't panic. Try to determine the injuries you have. Check for spinal cord injuries by wiggling your feet and legs. If you suspect you have this type of injury, don't move.

Stop excess bleeding. Check for broken bones, and if you think you have any, support them with splints. Carry a survival kit at all times. Include matches, string, candy bars, a whistle and other items that can make an overnight stay more comfortable.

If you told someone where you are and when you're expected to return, help should be on its way. Hunting safely from a stand depends on what you do before you hunt. Being prepared is the best way to prevent tree stand accidents.

DISTRICT REPRESENTATIVE'S NEWS

DISTRICT #3

This will be a very short and late installment to the newsletter. It will also be of a different subject matter. I just returned from Minot recently from a two day stay in the hospital.

After hitting the treadmill all winter at a fairly good routine, I noticed a little shortness of breath that didn't seem right. After a stress test and cardiac cat scan, it was determined that one artery behind by heart was 95% blocked.

It isn't blocked anymore due to a stint! The purpose of this writing is that if you experience anything close to what I did; by all means get it checked out! Not the time to be stubborn or tough. The best part is that I can still shoot trap at the Turtle Mountain League Shoot!

Darwin Bucholz

DISTRICT #7

Wow, where did the summer go? The good news is that Fall and hunting seasons are right around the corner. There are lots of NDHEA sponsored shooting events in August and September. Please consider helping out at one or more of these events.

The Jamestown Shoot will be on Saturday, August 21st from 10 AM to 2 PM at the Pipestem Rifle Range. Contact Rod O'Clair or myself know if you can come down and help that day.

If you would like to put on a shooting event in your community but aren't sure how to go about it, give me a call. These shoots aren't a lot of work to organize and they can really get kids excited about hunting and shooting.

Keith Domke

DISTRICT #8

Hello to all my fellow NDHEA members, my name is Chad Symington and I have recently accepted the position of Distict 8 representative. I would like to take this time to give you all a short introduction about myself. I was born and raised in Neche, ND a small town in the northeastern corner of the state. I spent my childhood hunting, fishing, and playing sports.

I attended Northland Community and Technical in Thief River Falls where I obtained my Aircraft Mechanics licenses. I currently live in Grand Forks and work for UND Aerospace as Lead Aircraft Technician. I am in the middle of my fourth year of teaching and have been an NDHEA member the same amount of time. I hope to meet you all soon and hope to have as much influence on this board as you all do on the youngsters throughout North Dakota each year.

Chad Symington

DISTRICT #9

Summer projects are in full swing across the State as well as in Dickinson. I have been working to create and produce items to show others who are NDHEA instructors or supporters. This brings me to tell you that we have many available to instructors across the state: letterhead, business cards, thank you notes, adhesive window decals, and removable laminated widow decals that you can take in and out as needed. We also have NDHEA patches for your shirt or vest.

Let's take pride and show our students and community who we are and what we represent--volunteer hunter safety instructors who are well trained and are needed in our state to keep hunting a safe sport for all ages. Call or contact me for any items you may desire.

Dale @701.483.1729 or 212 4th Ave S.E. in Dickinson, 58601.

DISTRICT REPRESENTATIVE'S NEWS Continued...

(Continued from page 3)

DISTRICT #10

Classes are now in full swing around the state, with a lot of excitement as to range days and mentored hunts being planned. I only wish that I could clone myself to help with all of them. Since, that's not going to happen every one of us needs to encourage participation in each district.

There is a lot of instructor talent out there to volunteer at least one event. So, please consider what each of us can do collectively. Those planning a "Family Range Day" need to consider allowing students the opportunity to shoot four to five rounds and then EMPTY the last "live" round. If student's seems uncertain about it, then repeat the process. This maybe the only chance a student will have in a controlled environment to do this safely.

Dummy rounds are one thing, but live rounds can be a bit scary.

Students need to be trained to count the rounds placed in the firearm. Then, count the rounds fired. There should be no surprises as to what is left in the firearm. We have implemented this for all of our live fire days and would hope that NDHEA could use this as a STANDARD OPERATING PROCEDURE for all planned events.

Lynda Miller

Vision Statement

A proactive, informed group of ND volunteers who dedicate themselves to promoting quality education, who are recognized as leaders in enriching our hunting heritage with respect to safety, integrity and conservation.

NDHEA 2010 RAFFLE RESULTS
2010 sponsors: Scheels All Sports
Minot Wildthings Gallery –Minot Home of Economy

WINNER1st - Brian Brodehl, NewBurg, ND 587622nd - Walt Zimbelman, Fullerton, ND3rd - Casey Krush, Wilton, ND 585794th - Ken Gathman, Carpio, ND 587255th - Lexi Liesener6th - BriAnna Swanson, Jordan, MN7th - Alec Dockter, Fargo, ND8th - Merle Ferry, Finley, ND9th - Ed Kouba, Bismarck, ND10th - Allen D. Giese, Wahpeton, ND 5807511th - Kade Nice, Valley City, ND 5807212th - Li Levesqie13th - Jim Jenks, Williston, ND 5880114th - Rick Whitwork, Mandan, ND 5855415th - Al Fandgren, Dickinson, ND16th - Jim Polk, Bismarck, ND 5850117th - Mark Beard, Larimore, ND18th - Justin Johnson, Davenport, ND**PRIZE**

Antelope Tag plus \$750.00

Tikka SS Synthetic-243

Remington SPS Blued

PSE Stinger Bow Package

Remington 870 Synthetic-20 gauge

Remington 870 Synthetic-12 gauge

Savage 93R17

DDGF Cutlery Custom 2 piece knife set

Ruger 10/22 Blued

Traditions Buck Stalker 50 Caliber

Minot Wildthings Gallery Print

Minot Home of Economy Gun Cleaning Kit

Boondock Ground Blind

Weatherby 300 Magnum

Benelli Nova 12 gauge, 3 ½" pump

\$150.00 ND Beef gift certificate

\$150.00 ND Beef gift certificate

1820 H2O Dog Collar

**For information on how to collect your prizes, please contact Dale Patrick at either of the following
 “dale_patrick1@hotmail.com” OR 701-220-2288.**

Visit **WWW.NDHEA.ORG** For the Latest News and
 To See Past and Current Newsletters!

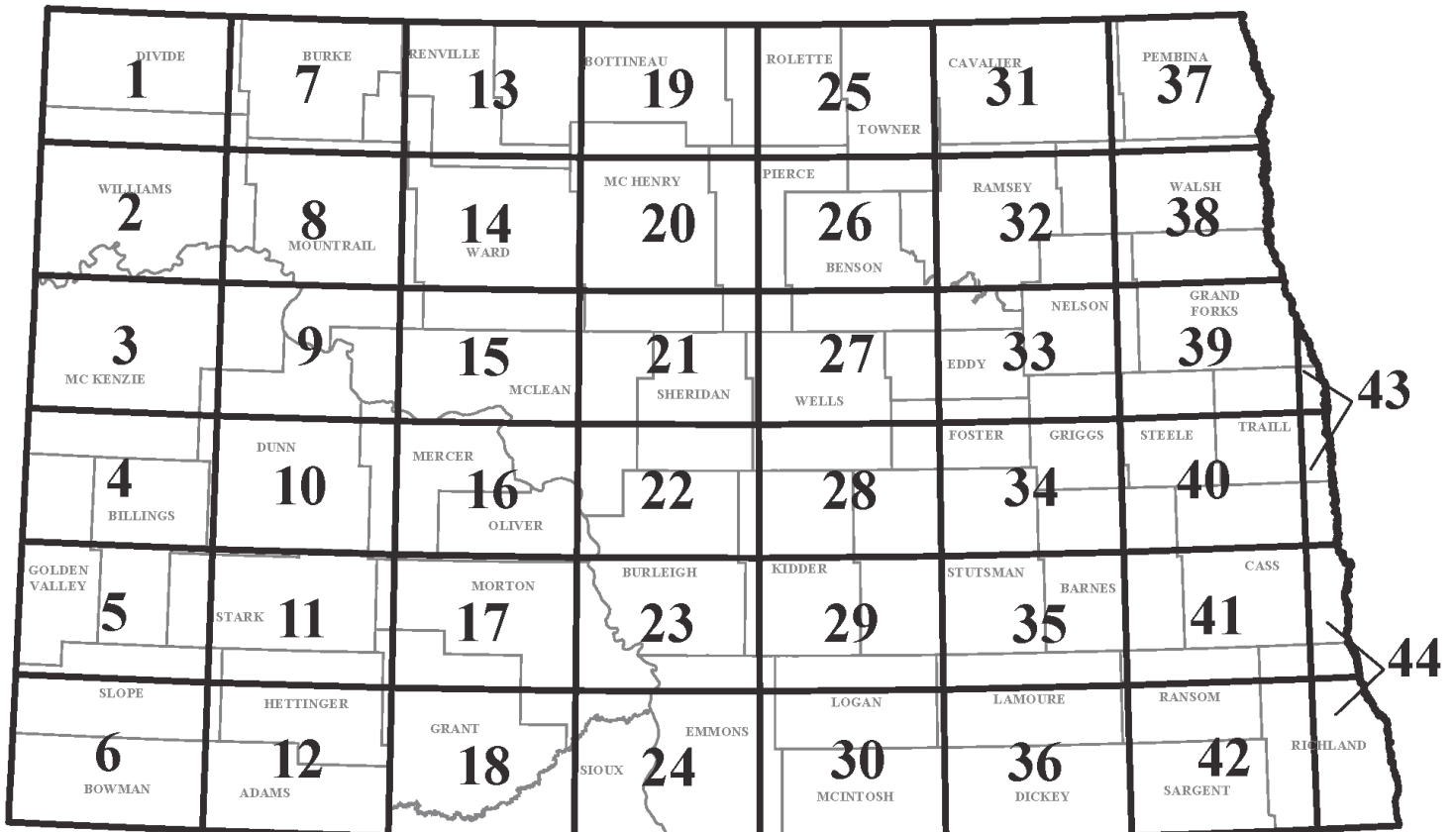
Valid through Spring 2011

The annual PLOTS guide locates lands open to hunting through agreements between the Department and private landowners, as well as public lands such as wildlife management and waterfowl production areas. Printed guides will be available in early September from license vendors and county auditors located around the state.

Note: PLOTS maps change frequently as new tracts are added and others are removed. Maps on this page are the most current available and are updated periodically to reflect recent changes.

What to do if you find a discrepancy between the PLOTS Guide and conditions on the ground? If you find an area listed as a PLOTS tract, but that is not marked with yellow triangular PLOTS signs from the North Dakota Game and Fish Department, the department suggests that you err on the side of caution and avoid entering the area until you have checked it out with us.

The Department's interactive maps services site has PLOTS maps available in real time at gf.nd.gov/maps/plots.html



2010 Small Game and Furbearer Regulations Set

North Dakota's 2010 small game and furbearer regulations have been set and most season structures and bag limits are similar to last year. The only significant changes involve closing the prairie chicken season and increasing the mountain lion quota.

The combination of the past two severe winters and wet springs has reduced the prairie chicken population by up to 50 percent. Spring booming counts on leks, an index to male abundance, have shown a gradual decrease in the number of males each spring.

The mountain lion season opens statewide Sept. 3 and continues through March 31, 2011. Zone 1 will have a season quota of 10 lions, an increase of two from last year.

Other small game and waterfowl licensing details are similar to last year.

Only North Dakota residents are permitted to hunt waterfowl from Sept. 25 – Oct. 1. Nonresidents will be allowed to hunt waterfowl in North Dakota beginning Oct. 2. Other waterfowl season details will be finalized in mid-August in the waterfowl amendment to the small game and furbearer proclamation.

In accordance with state law, nonresidents are not allowed to hunt on Game and Fish Department wildlife management areas or conservation PLOTS (Private Land Open To Sportsmen) areas from Oct. 9-15.

Hunters should refer to the North Dakota 2010-11 Small Game and Furbearer guides (available mid-August) for more details on small game and furbearer seasons. Waterfowl regulations will be available in early September.

Small Game Season Dates and Limits				
Species	Opens	Closes	Daily Limit	Poss Limit
Crows (fall)	Aug. 14	Oct. 24	No limit	No limit
Early Canada Goose	Aug. 15	Sept. 15 (Sept. 7 Missouri R. Zone)	5	10
Doves	Sept. 1	Oct. 30	15	30
Hungarian partridge	Sept. 11	Jan. 2	3	12
Sharp-tailed grouse	Sept. 11	Jan. 2	3	12
Ruffed grouse	Sept. 11	Jan. 2	3	12
Sandhill crane (unit 1)	Sept. 18	Nov. 14	3	6
Sandhill crane (unit 2)	Sept. 18	Oct. 24	2	4
Snipe	Sept. 18	Dec. 5	8	16
Woodcock	Sept. 18	Nov. 1	3	6
Tundra swan (2,200 lottery)	Oct. 2	Jan. 2	1	1
Pheasants	Oct. 9	Jan. 2	3	12

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THANK YOU!

Thank you to those who participate, sponsor, and volunteer for the NDHEA.

Kadmas
Lee &
Jackson
Engineers Surveyors
Planners



Educational Websites

International Hunter Education Association
www.ihea.com
North Dakota Game & Fish
www.gf.nd.gov
North Dakota Shooting Sports Association
<http://ndssa.org>
Mule Deer Foundation
www.muledeer.org
North Dakota Bowhunters Associations
www.ndbowhunters.org

Other Great Links

www.fishingbuddy.com
www.bannersforsale.com
www.edsbaitshop.com
www.scheels.com
www.baconsigns.com

2010 Legislation Watch

Websites to view bills and to read blogs
www.nodakoutdoors.com
www.gf.nd.gov
www.northlandoutdoors.com.

North Dakota Legislative Council:
www.legis.nd.gov/information/bills

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